

BECOMING DOERS

PSALMS 55-58

635

Cast thy burden upon the Lord, and he shall sustain thee: he shall never suffer the righteous to be moved. **Psalm 55**

Psalm 56

Psalm 57

Cast thy burden upon the Lord, and he shall sustain thee: he shall never suffer the righteous to be moved. **Psalm 55**

Psalm 56

Psalm 57

Psalm 57

Psalm 58



James 1:25 MOUNCE

But the person who looks intently into the perfect law,
the law that provides liberty,
and continues in it,
not having become a forgetful hearer but an active doer
– he will be blessed in his doing.

How do I look into the perfect law that gives freedom,
and continue in it, becoming an active doer?

1

Recognizing that
the Word is living and
active, I purposefully take
it into myself through
reading, meditation
and, as needed,
memorization.

2

Knowing God's
promise of grace – that
he is working in me to
make me both willing and
able to obey him – I take
steps to do the Word
as well as I can.

What *might* this look like in real life application?

What might engaging the Word for inside-out transformation look like in practical application?

“But I say to you that everyone who looks at a woman with lustful intent has already committed adultery with her in his heart.”

Matthew 5:28 ESV

Jesus is addressing the male tendency to sexually objectify women, a problem that is obviously still with us today.

“Pornography is pervasive, permeating our culture from shop windows to web ads, premium cable shows to smartphone apps.”

The Porn Phenomenon

Barna Group 2016

1

Allow the truth to truly penetrate the heart.

For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart.

Hebrews 4:12 ESV

general saturation

For this is God's will, your sanctification: that you keep away from sexual immorality, ⁴ that each of you knows how to control his own body in holiness and honor, ⁵ not with lustful passions, like the Gentiles, who don't know God.

1 Thessalonians 4:3-5 CSB

A 2018 Gallup Poll found that...

*67% of men aged 18-49
think pornography
is morally acceptable*

*43% of Americans
think pornography
is morally acceptable*

*22% of those for whom
religion is “very important”
think pornography
is morally acceptable*

...godly **grief** produces
**a repentance that leads
to salvation** without
regret, but worldly
grief produces death.

2 Corinthians 7:10 CSB

lupe
physical
pain or
emotional
sorrow

2

Engage the process of repentance that leads to salvation.

If we confess our
sins, he is faithful and
just to forgive us our sins
and to cleanse us from
all unrighteousness.

1 John 1:9 ESV

Create in
me a clean
heart,
O God....

Psalms 51:10 ESV

But each person is
tempted when he is
drawn away and enticed
by **his own evil desire**.

¹⁵ Then after desire has
conceived, it gives
birth to sin....

James 1:14-15a CSB



Eddie Espinosa

“The only way that I can follow you
is for you to change my appetite,
the things that draw me away.
You must change my heart!”

*Change my heart, oh God;
make it ever true.*

*Change my heart, oh God;
may I be like You.*

3 As needed, confess to another believer.

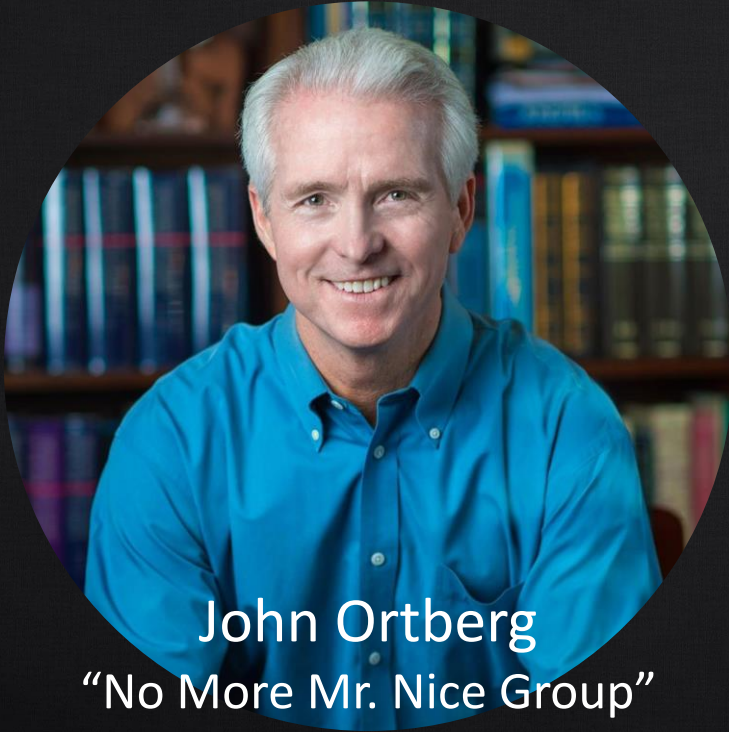
Dear brothers, if a Christian is overcome by some sin, you who are godly **should gently and humbly help him** back onto the right path, remembering that next time it might be one of you who is in the wrong.

Galatians 6:1 TLB

bring it into the light

“The Pharisee stood by himself and prayed: ‘God, I thank you that I am not like other people—robbers, evildoers, adulterers—or even like this tax collector.¹² I fast twice a week and give a tenth of all I get.’”

Luke 18:11-12 NIV



John Ortberg

“No More Mr. Nice Group”

“I recall a small group where a man admitted his struggle with lust.

That was a risk,
and then someone else said,
‘I can’t related to that struggle at all.’
I wanted to say to that guy,
*What kind of hormonally challenged,
repressed robot are you?*

His statement shut down an
opportunity for new openness....”

What might engaging the Word for inside-out transformation look like in practical application?

1 Allow the truth to truly penetrate the heart.

2 Engage the process of repentance that leads to salvation.

3 As needed, confess to another believer.

But what if inside-out transformation still isn't happening?

one-time
sin or an
occasional
struggle

fasting
food

fasting
media

fasting
devices

outright
addiction
and/or
demonic
bondage

accountability
group

porn blocking
app

deliverance
ministry

recovery
ministry

Each of these, like taking the Word into us, engaging the process of repentance, and confessing to another believer is a means of accessing God's grace and a step in becoming a doer.

A group of women wearing blue burqas, with a semi-transparent text box overlaid in the center. The text is white and reads:

*Our ultimate goal is always inside-out transformation
– becoming like Jesus –
not sin management.*